

# THE GROVE

BEACH BAR & GRILL

## LUNCH MENU

### SALADS

All salads are available with an additional choice of:

**Shrimp 18 | Blackened Fish 16 | Chicken 14**

**Caribbean Salad** 32  
Handpicked lettuce leaves, grilled pineapple, trio bell peppers, crisp red onions, mandarin segments, raisins, avocado, lemon mango cilantro vinaigrette

**Crane Caesar Salad** 32  
Romaine lettuce hearts, bacon bits, parmesan shavings, garlic croutons

**Chopped Greens** 30  
Mixed garden greens lettuce, roast tomatoes, red onions, grilled apples, candied pecan nuts, Dijon balsamic dressing

### SMALL BITES

**Vegetable Samosas** 26  
Curry & cumin root vegetables, golden apple chutney

**Seafood Ceviche** 40  
Marinated seafood, shrimp, catch of the day, smoked fish paté, island chips, citrus vinaigrette

**Grove Chicken Wings** 30  
Mount Gay Rum glazed chicken wings, vegetable batons, blue cheese fondue

**Corn Tortilla Chips** 28  
Three cheese sauce, chives, bacon bits, jalapeno peppers

Add Beef strips 16  
Add Shrimp 18  
Add Chicken strips 14

**Quesadilla** 28

Grilled 12" tortilla skin with sautéed spinach, fire roasted tomatoes, red onions, Monterey jack cheese, bell peppers with white bean hummus

Add Shrimp 18

Add Blackened Fish 16

Add Chicken 14

### SANDWICHES & WRAPS

Gluten Free Bread and wraps available.  
All options served with a choice of Garden Salad, French Fries or Sweet Potato Fries

**Vegetarian Burger** 40  
Plant based patty, sautéed mushrooms & onions, split pea hummus, sweet potato fries or garden salad

**Pulled Pork Panini** 36  
House smoked BBQ Glaze Pork, garden slaw, onion jam and garlic aioli

**Tamarind Shrimp Greek Salad Wrap** 40  
Mixed lettuce leaves, feta cheese, marinated olives, peppers, red onions, pickled tomatoes, cucumbers

**Beef Burger** 36  
Sesame seed bun served with traditional garnishes  
Add Mushrooms 3  
Add Bacon 4  
Add Sautéed onion 3  
Add Swiss Cheese/Cheddar 3

**Mahi-Mahi Taco** 40  
Panko crusted mahi-mahi, shredded garden greens, mango salsa, red pepper tartar sauce (Fish can also be grilled)

**Chicken Taco** 35  
Blackened chicken breast, cabbage slaw, fresh cut tomato cilantro salsa, creamy avocado aioli

All prices are inclusive of VAT, DTS and subject to 10% service charge. Final bill will be presented in Barbados dollars.

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### SIDES

Fries	10
Cajun Fries	12
Sweet Potato Fries	12
Garden Salad	12
Coleslaw	10

### KIDS

Chicken Fingers (Fried or Grilled) and French Fries	25
Fish Fingers (Fried or Grilled) and French Fries	28
Chicken Hot Dog and French Fries	20
Vegetable Crudités with Hummus and Pita points	22

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